# ACTS Spiritual Companion Program

ASC is a **one semester intensive** on-line program which provides men and women with training in basic skills to help prepare them to function in the role of Spiritual Companion for ACTS Retreats. Classes meet on one full Saturday a month (8 am-5 pm) and one Tuesday evening a month (6:30 pm-9:00 pm). There is also an opening and closing retreat for each cohort. All retreats and classes are online.

The **Spring 2024 cohort** begins in **January** and ends in **April**. **Registration deadline is December 15, 2023. ASC website link for program details:  https://ost.edu/acts/**

*Admission Requirements*
1. Catholic in good standing with the church
2. Age 30 years or older
3. Letter of recommendation from the candidate's pastor
4. Letter of recommendation from a leader in the parish
5. Letter of recommendation from a personal reference
6. Has made an ACTS retreat weekend as a retreatant
7. Has served on an ACTS Retreat Team
8. Admission interview

**Cost:**
- Admissions fee - $50.00 (non-refundable)
- Tuition- $1,200.00

| SPRING 2024 SCHEDULE | |
|---|---|
| **January 11/6:30-8pm** | **Pre-retreat meeting** |
| **January 12-14** | **Opening retreat: All day Friday - Sunday** |
| **January 16 - Tuesday** | **6:30 -9:00 pm** |
| **January 27- Saturday** | **8am-5pm** |
| **February 10 - Saturday** | **8am-5pm** |
| **February 20 - Tuesday** | **6:30 -9:00 pm** |
| **March 9 – Saturday** | **8am-5pm** |
| **March 19 - Tuesday** | **6:30 -9:00 pm** |
| **April 13 - Saturday** | **8am-5pm** |
| **April 16 - Tuesday** | **6:30 -9:00 pm** |
| **April 26-28** | **Closing retreat: All day Friday - Sunday** |

**For more information please contact:**
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