"Canticle of Wonder," by Beverly Lanzetta, adapted (from A Feast of Prayers: Liturgy to Holy Mystery)

May the dawning Light of Mystery
Enter my cells
Enliven my body
And heal my wounds.

May eternal wisdom teach my compassion

And help the tender souls of this world

May all the wonders of nature

Sparrow,
Deer, meadow,
Oak and pine,
Greening hills
And rushing streams
Join me in prayer.

I open my heart to the glory of life And the beauty of creation, With joy and humility, In celebration of this day!

Namaste!