

Forest Dwelling Program:

Spirituality for Our Wisdom Years



Oblate School of Theology
January 2023 – December 2024

Dr. Maggie Meigs | Email: mmeigs@ost.edu | Website: <https://ost.edu/forestdwelling/>

Important Questions

- What are these latter years for, spiritually and anthropologically?
- How do we live out our final years so as to make our death our last greatest gift?
- How do we let go gracefully and in gratitude?
- How can we facilitate a widening capacity for love and life, creating a new disposition of the heart?
- How will we deal with feeling “useless” and learn to open heart and hands to the simple grace of receiving?

FOREST DWELLING

SPIRITUALITY FOR OUR WISDOM YEARS

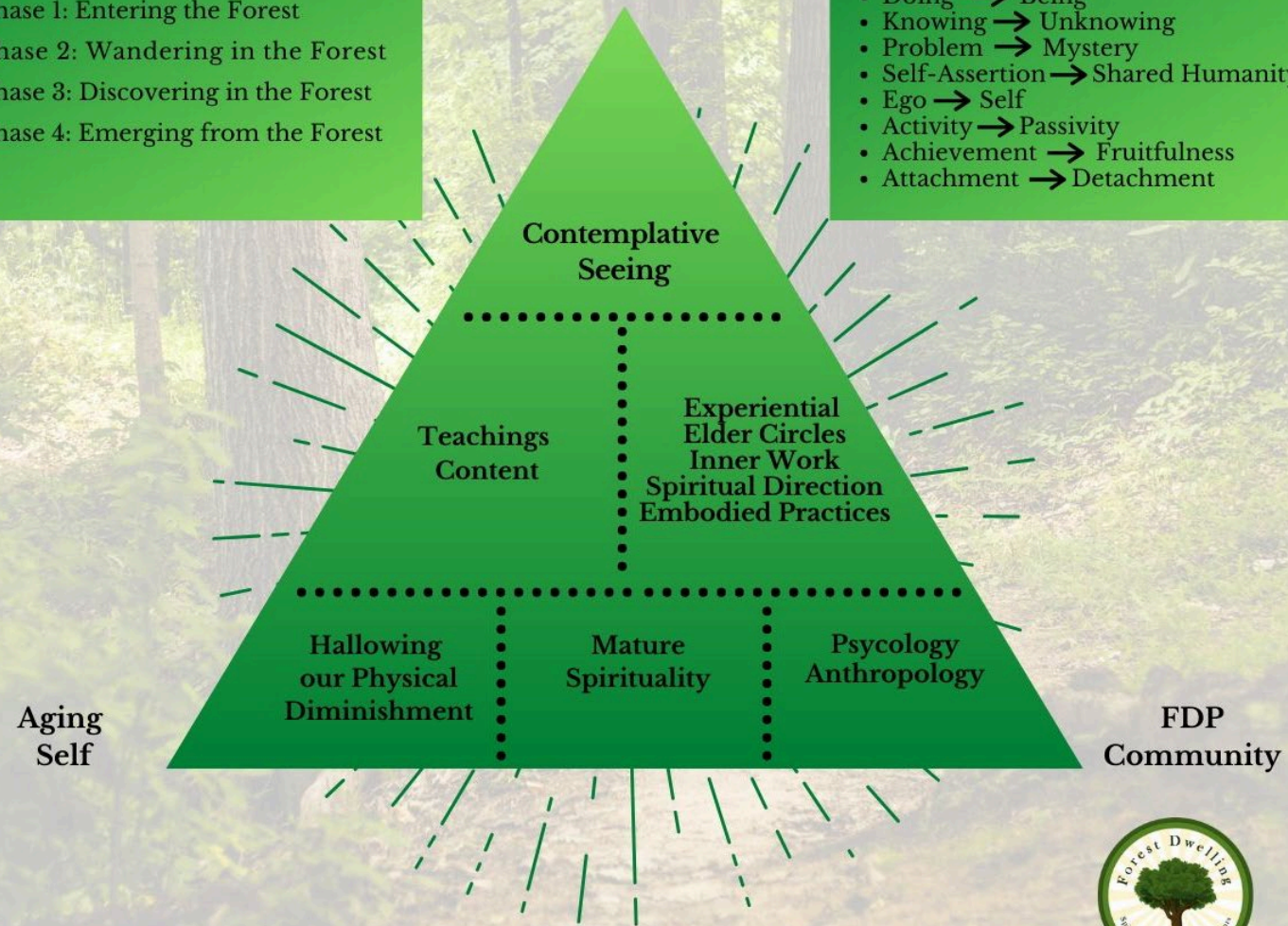
Phases:

- Phase 1: Entering the Forest
- Phase 2: Wandering in the Forest
- Phase 3: Discovering in the Forest
- Phase 4: Emerging from the Forest

Divine Mystery

Movements:

- Doing → Being
- Knowing → Unknowing
- Problem → Mystery
- Self-Assertion → Shared Humanity
- Ego → Self
- Activity → Passivity
- Achievement → Fruitfulness
- Attachment → Detachment



Key Components

- 4 Gatherings – intensive 6 day experiences (talks, small groups, praxis)
 - January 8 – 13, 2023
 - June 4 – 9, 2023
 - January 7 – 12, 2024
 - June 2 – 7, 2024
- “Modules” / offerings + a time of Harvesting
- Monthly Elder Circle meetings (same people over 2 year period)
- Daily Contemplative Practice
- Spiritual Direction



Application Process

- Applications open 1 May 2022 (<https://ost.edu/forestdwelling/>)
- 2 letters of recommendation
- Acceptance notifications start 1 July 2022
- Applications close 1 October 2022
- Scholarships available

